

NOTICE vs. IMAGINE

It's not what people say, it's what they don't say.

Lesson One: Introduction to Honest Communication Defining Notice v. Imagine

Welcome to my course on Honest Communication where we'll go far beyond just telling the truth. This course will help you identify and solve communication issues such as recognizing and correcting mis-interpretations and the bad habit of assumption.

Communicating clearly and honestly with your employees.

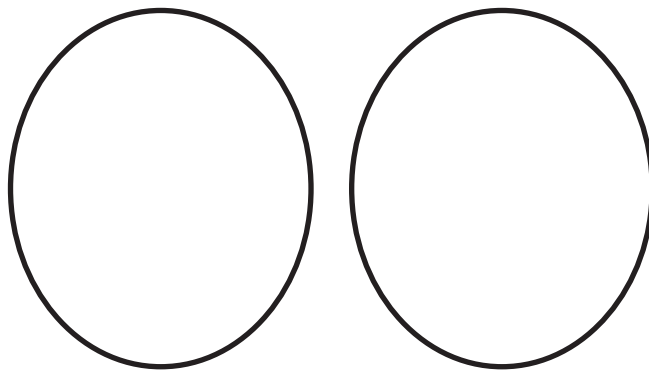
There is a difference between telling the truth and honest communication. You can tell the truth, but are your truthful words being heard and understood as honest? Do your actions reflect your statements? Are you encouraging feedback with your words, but discouraging it through your actions?

Your true communication may be working against rumors, mis-interpretation, folklore, and attitude. But we can help you and your team address and get rid of these obstacles and communicate more honestly at work and in your day-to-day lives and relationships. Because if we're not progressing, we regressing.

Let's Get Started!

Follow along with the video and fill in your answers.

The most important distinction to identify when communicating through change is what we _____ versus what we _____.



Notice is defined as all of the _____ of the situation. Whereas **Imagine** are the _____, _____, and _____.

Never let your _____ do the talking.

Start Using "Three Buckets of Communication." They are:

1. _____.
 2. _____.
- and
3. _____.

The key is to get the unsaid said.